

# VEG HUNTERS CHAMPIONS



## How to Promote Peppers and make your school want to give them a try:

Come up with a fun name or slogan in an Eat Them to Defeat Them style “Hunt the Peppers!”

“Peppers Powerhouses”

Find some pepper jokes or write your own!

Amaze them with these fun facts or research some of your own:

- **Peppers are fruits**, even though we use them like vegetables!
- **Peppers come in lots of colours** — green, red, yellow, orange, and even purple.
- **Green peppers are not unripe babies** of other peppers — they're picked earlier.
- **Peppers grow on plants**, not underground.
- **Peppers aren't spicy at all**, even though they look like chillies.
- **The seeds inside peppers can grow new plants**. One pepper can have hundreds of seeds inside.
- **Red peppers are the sweetest**, because they stay on the plant the longest.
- **Peppers are full of vitamin C**, which helps keep you healthy.
- **Peppers have been eaten for thousands of years** by people all over the world.
- **Animals can taste spice differently** — birds don't feel chilli heat, but humans do!

