



## WORKING WITH CATERERS

**KS1 Veg Hunter Champions (With help from teachers and school staff)**

**First ask your teacher who your catering team are and go and say hello to them. You can tell them all about the role of the Veg Hunter Champion.**

As a **Veg Hunter Champion**, your job is to **help make vegetables fun** at school. You will do this **with some help from the school staff**.

You don't have to do everything yourself – adults are there to help you.

Make sure that they know that you are there to help them with getting the school to eat more vegetables.

**Be kind and work together**

The people who cook our school lunches plan ahead, so they may not always be able to change the food. That's okay!

Your job is to: Help everyone feel excited about trying vegetables

**With help from adults, you can work with the catering team if they are happy to help you can:**

- **Find out which vegetables are on the menu**  
Adults can help you plan special veg days when these vegetables are served.
- **Celebrate veg days**  
Give out stickers, smiles and encouragement when pupils try the veg.
- **Talk about the Great Veg Vote**  
After the vote, the adults may help you:



- Run small tasting activities
- Encourage other pupils to try vegetables that are not chosen very often
- **Help with fun events**  
Join in with themed days to learn about new vegetables.

**If you can't work with the catering team at your school – don't worry.**

You can still be a brilliant Veg Hunter Champion!

You can:

- Smile and **encourage friends in the lunch hall**
- Help put up **posters, stickers and decorations**
- Talk about the **five vegetables from the Great Veg Vote**
- Say things like “*Well done for trying!*” or “*Give it a go!*”

**Keep being a Veg Hunter all year**

Veg Hunter Champions don't stop after *Eat Them to Defeat Them* week. You can carry on wearing your badge and with help from staff, you can **keep promoting vegetables all year long.**

And remember by working together, your school can take part in the **Eat Them to Defeat Them School Challenge** and you may even win a cash prize for your school.