



WORKING WITH CATERERS

KS1 Veg Hunter Champions (With help from teachers and school staff)

First ask your teacher who your catering team are and go and say hello to them. You can tell them all about the role of the Veg Hunter Champion.

As a **Veg Hunter Champion**, your job is to **help make vegetables fun** at school. You will do this **with some help from the school staff**.

You don't have to do everything yourself – adults are there to help you.

Make sure that they know that you are there to help them with getting the school to eat more vegetables.

Be kind and work together

The people who cook our school lunches plan ahead, so they may not always be able to change the food. That's okay!

Your job is to: Help everyone feel excited about trying vegetables

With help from adults, you can work with the catering team if they are happy to help you can:

- **Find out which vegetables are on the menu**
Adults can help you plan special veg days when these vegetables are served.
- **Celebrate veg days**
Give out stickers, smiles and encouragement when pupils try the veg.
- **Talk about the Great Veg Vote**
After the vote, the adults may help you:



- Run small tasting activities
- Encourage other pupils to try vegetables that are not chosen very often
- **Help with fun events**
Join in with themed days to learn about new vegetables.

If you can't work with the catering team at your school – don't worry.

You can still be a brilliant Veg Hunter Champion!

You can:

- Smile and **encourage friends in the lunch hall**
- Help put up **posters, stickers and decorations**
- Talk about the **five vegetables from the Great Veg Vote**
- Say things like "*Well done for trying!*" or "*Give it a go!*"

Keep being a Veg Hunter all year

Veg Hunter Champions don't stop after *Eat Them to Defeat Them* week. You can carry on wearing your badge and with help from staff, you can **keep promoting vegetables all year long.**

And remember by working together, your school can take part in the **Eat Them to Defeat Them School Challenge** and you may even win a cash prize for your school.