

START WITH AN ASSEMBLY



DR JASON O'ROURKE
HEADTEACHER,
WASHINGBOROUGH
ACADEMY, LINCOLNSHIRE

AIMS

To introduce the children to the themes for Eat Them to Defeat Them 2023

- 1 Explain that you want to share with the children the national Eat Them to Defeat Them campaign.
- 2 Show the advert and ask if any of them can remember seeing it on TV.
- 3 Explain that this year the vegetables are taking over the world, so we are going to be travelling around the world to see how vegetables are used in different cultures and different countries.
- 4 The challenge for this year is visiting all of these areas around the world to see how children around the world are defeating the vegetables. Then we'll be trying some of those meals in school lunches to see if we can defeat them too.
- 5 Go through the 'Eat them to Defeat Them' assembly PowerPoint introducing the nine different areas of the world plus the 'Centre of the Earth' that we will be focusing on this year.
- 6 Share the World Map image with the children and discuss with them the areas and which continents they are on and any other geographical features that arise from the discussion such as mountain ranges, rivers, significant cities etc.
- 7 Explain to the children that they will each be given an Eat Them to Defeat Them reward pack and sticker chart to take home.
- 8 Finally tell them you have an important message from the Eat Them to Defeat Them chef – then show them the short assembly rally cry video.

Assembly PowerPoint & video and other school resources

EATTHEMTODEFEATTHEM.COM

TIME FOR REFLECTION:

Get the pupils to imagine their favourite vegetables in their heads.

PRAYER

God, thank you for vegetables and all of our food.
Thank you for everyone who helps us eat: our families, our food, those who work in the kitchen in school, those who have grown and harvested and produced and delivered our food.
Help us to be thankful for all that we have and for all the hard work that has gone into our food.
Thank you for good food. Amen.

